

**To be seated on the elevated seat as a jewel of contentment,
be a contented and carefree soul.**

Today, BapDada is seeing His jewels of contentment from everywhere. The confluence age is the age for remaining content and making others content. The speciality of Brahmin life is contentment. Contentment is the greatest treasure of all. Contentment is the *personality of purity* of Brahmin life. With this *personality* you easily become a special soul. If there isn't the *personality* of contentment you cannot be called a special soul. Nowadays, two types of *personality* are praised. One is the *personality* of a physical body and the other is the *personality* of a *position*. In Brahmin life the *personality* of contentment is visible on the face and in the expression of a Brahmin soul who has the greatness of contentment in his Brahmin life, and the *personality* of the *position* of the elevated stage is visible. The basis of contentment is to be full of all the attainments that have been claimed from the Father, that is to say, the soul is content. The cause of discontentment is a lack of attainment, and the cause of contentment is having all attainments. This is why BapDada gave all of you Brahmin children the full inheritance as soon as you took Brahmin birth. Or, did Baba give less to some and more to others? BapDada always says to all the children: Remember the Father and the inheritance. The inheritance is all the attainments. All the powers are included in this. All the virtues are included and the knowledge is also included: all the powers, all the virtues and the full knowledge. It isn't just knowledge but it is full knowledge. It isn't just the powers and the virtues but all the powers and all the virtues. The inheritance is full of everything, that is, it is complete; there is nothing lacking. Every Brahmin child receives the full inheritance, not half. It isn't that out of all the virtues you receive two virtues and someone else receives another two virtues. The *full* inheritance means it is complete and perfect. Since each one receives the full inheritance, where there are all attainments, there would be contentment. BapDada was seeing the *personality* of contentment of all the Brahmins and was seeing to what extent each one has developed this *personality*. There is no name or trace of discontentment in Brahmin life. This is known as experiencing the pleasure of Brahmin life through this *personality*. The pleasure of Brahmin life is in this *personality*. This is a life of pleasure and a life of enjoyment.

The meaning of tapasya is that the *personality* of contentment is visible in your eyes, on your face, in your expression and your activity. Baba was creating the rosary of such jewels of contentment. How much of the rosary would have been created? A jewel of contentment means a flawless jewel. The sign of contentment is that a contented soul will experience the self to be satisfied and others would be satisfied with that soul. In the stage of being satisfied, the heart does not ask questions. One is a heart that is satisfied (prasann), and the other is a heart that asks questions (prashna). Prashna means *questions*. Someone with a satisfied heart remains satisfied because of being *knowledge-full* about the *drama* and does not ask questions. Whatever questions arise in you about the self or others, you yourself get the answer first. You were told previously, too, not to ask "What?" or "Why?", but to put a *dot*. Not "What?" or "Why?", but a *full stop*, a dot. In one *second*, have the expansion; in one *second*, have the essence. Someone who is satisfied to such an extent remains constantly carefree. So *check*: Do I, a jewel of contentment, have these signs in me? BapDada has given everyone the *title* 'jewel of contentment'. So BapDada is asking: O jewels of contentment, are you content? Are you always content with yourself, that is, with your efforts, with the effort of transforming your sanskars, with the *percentage* of your efforts and your *stage*? OK, second question: are you always content with your mind, words and actions, that is, with the service that takes place through relationships and connections? In all three, not just in one type of service, but are you always content with all three types of service you do? Do you check to what extent you are content? OK, third question: are you always content with yourself and with others when forming a connection or relationship with all souls? This is because, during the year of tapasya, this is the fruit of the success of tapasya that you have to attain. Let there be contentment with yourself, with service and with others - with everything. You did yoga for four hours; that is very good. You will reach eight hours from four hours; that too is good. Become an embodiment of success with yoga. Yoga is the method, but what success did you achieve with this method? To connect your yoga is the method, and the attainment from having yoga is the success. Just as you have had the aim to have eight hours yoga, in the same way, keep a clear and elevated aim to achieve the result of these three types of contentment. Some children consider themselves to be content due to their own cleverness.

Don't be content in that way. One is when your heart accepts and the other is when your head accepts. You are content with yourself, when your head, thinks, "What worries do we have? We are carefree." To consider yourself with your head to be content is not contentment. You have to understand this accurately. Experience the signs of contentment in yourself. Let your heart always be satisfied; let there be that *personality*. If you consider yourself to have that *personality* but others don't consider you to have that personality, it means you are just pleasing yourself. So, there shouldn't be contentment of that kind, but you have to become a contented soul from the correct experience. Contentment means that your heart and the head will always be at rest; they will be in the stage of comfort and happiness; they will not be restless; they will be happy and comfortable. Such jewels of contentment constantly sparkle as jewels on the Father's forehead. *Check* yourself. Contentment enables you to receive blessings from the Father and all others. A contented soul will, from time to time, experience himself to be flying in the viman of the blessings of the Father and all others. These blessings are the flying vehicle for such souls. They will constantly experience themselves to be flying in a flying vehicle. Such souls will not ask for blessings, but blessings will come to them automatically. To be such a jewel of contentment means to be a tapaswi who is an embodiment of success. It is not success that is temporary; it is eternal and spiritual success. Baba was seeing such jewels of contentment. Let each one of you ask yourself: Who am I?

You have very good zeal and enthusiasm for the year of tapasya. Each of you is doing it according to your capacity and also has enthusiasm for the future. This enthusiasm is very good. Now reveal the attainment you have claimed from doing tapasya in your life and in your relationships and connections with all others. You do experience this in yourself, but you mustn't just keep your experiences in your mind and intellect. Let them come into your behaviour and on your faces. Put them into your relationships and connections. Only then will they first be revealed within you, then they will be revealed in your relationships, and they will then be revealed on the *stage* of the world. The drums of revelation will then beat. Your memorial in the scriptures says that Shankar opened his third eye and destruction took place. Shankar means the bodiless stage, the tapaswi form. This means to make the snake of vices into a garland around your neck and constantly experience an elevated stage and be seated on an elevated seat. The third eye means the eye of becoming perfect, the eye of becoming complete. When you tapaswis are in your complete stage and have the thought of world transformation, this nature will dance the *dance* of complete upheaval. It will *dance* the dance of creating calamities. You will be unshakeable and it will create upheaval. Why is that? Who would clean up the whole world? Could human souls do that? So the upheaval of this air, this earth and the water of the ocean will cleanse everything. You have to create such a complete stage with this tapasya. Nature will accept your *order* through your thoughts when your constantly co-operative faculties - mind, intellect and sanskars - first accept your *order*. If your constantly co-operative senses do not accept your *order*, how would nature accept your *order*? Let there be such a high stage of *powerful* tapasya that everyone has the same thought at the same time. The thought of a *second* - 'transformation' - and nature should become present. You Brahmin souls of the world have *world-peace* yoga at the same *time*; everyone has one thought of remembrance at the same time. In this way, through everyone's thoughts, nature will start the *dance* of upheaval. This is why you say that there will be world transformation through self-transformation. How will this old world be transformed and become new? Through the powerful thought of all of you. When everyone has the same thought together, transformation will take place. So, do you understand what you have to do? This is what is called tapasya. Achcha.

BapDada is always pleased to see the *double*-foreign children. This does not mean that He is not pleased to see the Bharat residents. At the moment it is the *double* foreigners' *turn*. The Father is always pleased with Bharat and this is why He has come in Bharat and has made all of you into Bharat residents. So, at this time, are all of you foreigners or are you residents of Bharat? In being residents of Bharat, you are also residents of Madhuban. You like being Madhuban residents. Now finish service quickly so that you can become Madhuban residents. When you quickly finish giving the message to the whole world and come here, you will not then be sent away. By that time, this place will also be ready. Look, the land here is very big (Peace Park). Arrangements will be made there beforehand, and there will then be no difficulty for you. However, when the time comes, you will even sleep on your suitcase; you will not get a bed. That will be a different time altogether. That time will be different from this time. Now, let the message through the service you do be the same in your mind, words and

actions; it is then that the speed of service will become fast. Be *powerful* in your mind, *knowledge-full* in your words, and “*love-full*” in your relationships and connections, that is, in your actions. Let all these three be experienced at the same time: this is called doing service at a fast speed.

Achcha. Are all of you all right in your bodies and minds? You come from far away, and so BapDada is happy seeing the happy children who have come from far away. However, even though you come here from far away, you are still all right because you come by plane. Achcha.

BapDada is giving special love and remembrance to those who have come for the first time in this cycle. Those who have been before and have come again, raise your hands! Nevertheless, you have good courage. You go back to earn money for your *ticket* and come back. This also is a way to have remembrance: “We have to go, we have to go!” When you come here, you think that you have to go back to the foreign lands, but, as soon as you leave, you think about coming back here. When you have arrived here, you think about going back. The *time* will come when that *Government* will think that these Brahmin souls are the beauty of Abu. Achcha.

To all the great, contented souls in all four directions, to the elevated souls who constantly have satisfied hearts, to those who remain carefree, to the souls who are servers and who do service at a fast speed in all three types of service at the same time, to those tapaswi souls who are seated on the seat of an elevated stage, BapDada’s love, remembrance and namaste.

Avyakt BapDada meeting groups:

Do all of you consider yourselves to be *holy* swans? What is the special task of a *holy* swan? (They all gave their own ideas). Are all the specialities you have spoken about in your *practical* actions? Apart from you Brahmins, who else can become *holy* swans? Therefore, say with spiritual intoxication that, just as the Father is always ever *pure* and He puts all the powers into action all the time, in the same way, you *holy* swans always put all the powers into a *practical* form and you remain constantly pure. You were that and you will always remain that. You remember all three aspects of time, do you not? BapDada is pleased to see the *part* of the children that they have played many times before. This is why you don’t find it difficult, do you? The word ‘difficult’ cannot enter the dreams of those who are *master* almighty authorities. Does the word ‘difficult’ exist in the *dictionary* of Brahmins? It doesn’t exist somewhere in small print, does it? You are also *knowledge-full* of Maya, are you not? When you are *full*, you cannot *fail*? What is the reason for *failure*? When you know it in advance, why do you *fail*? If someone knows in advance and then *fails*, what would you call that one? When something happens, the reason you *fail* is that you *feel* (have feelings) about something or other. You have the *flu* of *feeling*. Do you know what *flu* does? It makes you weak. When you have flu, something may be a small thing, but you make it big. Therefore, become *full*! You mustn’t *fail*; you have to *pass*. Whatever situation arises, continue to *pass* through that and you will *pass with honours*. So you have to *pass* (overcome). You have to *pass* and you have to remain *paas* (close). When you say with intoxication that no one else has as much love for BapDada as you, then, since you have love, do you want to remain close or far away? So you have to remain close and *pass*. Those of you from the *UK* will fulfil all of BapDada’s hopes, will you not? What is the Father’s *number one* pure desire? Baba is especially asking those from the *UK*. You have to bring the big *mikes* who can become instruments to reveal the Father and come close to the Father. Now *mikes* should definitely emerge from the *UK*, America and other countries, but one are those who are co-operative and others are those who are close and co-operative. So prepare such *mikes*. Generally there is good growth in service and it will continue to grow. Achcha. The children from Russia are young, but they are *lucky*. How much love do you have for the Father? It is good. BapDada is happy with the courage of the children. You have now forgotten how to labour. Achcha.

Blessing: May you have a right to receiving blessings by doing charitable work with your every thought, word and deed.

Have this determined thought by yourself - throughout the day, with your thoughts, words and actions, you will be a charitable soul and continue to perform charity. The instant fruit of performing charity is blessings from every soul. So, accumulate blessings from your every thought

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and word. Let thanks of co-operation emerge from the hearts of those in relationship and connection with you. Only such souls receive a *prize*.

Slogan: Constantly stay in the *company* of the one Father and make the Father your *Companion*. This is greatness.

***** OM SHANTI *****