

Essence: Sweet children, the Father whom you have been remembering for half the cycle now gives you the order to remember Him. By following this order you will go into the ascending stage.

Question: You children have to perform your own *nature cure*. How?

Answer: By remembering the one Father and serving the yagya with love, your *natures* are *cured*. This is because, by having remembrance, you souls become free from disease and, by doing service, you experience limitless happiness. The *natures* of those who remain *busy* in having remembrance and doing service continue to be *cured*.

Song: You spent the night in sleeping and the day in eating.

Om shanti. You children heard the song. Ages have passed while you have been turning the beads of rosaries. How many ages has it been? Two ages; no one turns the beads of a rosary in the golden and silver ages. It is not in the intellect of any of them that they ascend and later fall. It is now our stage of ascent. 'Ours' means the people of Bharat. No one else ascends or descends as much as the people of Bharat. It is Bharat that becomes elevated and Bharat that becomes corrupt. Bharat becomes viceless and then vicious. This does not apply as much to other lands and religions; none of them goes to *heaven*; the images are of the people of Bharat. They definitely used to rule the kingdom. So, the Father explains: It is now your stage of ascent. The One whose hand you are holding will take you back home with Him. This is the ascending stage of you people of Bharat. You will go into liberation and then go down into liberation-in-life. For half the cycle, it is the kingdom of the deity religion. You ascend for 21 generations and then, afterwards, you enter the stage of descent. It is said that there is benefit for everyone when it is the stage of ascent. There is now going to be benefit for everyone, but only you go through the stages of ascent and descent. At the moment, no one is in as much debt as Bharat. You children understand that our Bharat was the 'Golden Sparrow', that it was very wealthy. Bharat's stage of descent is now coming to an end. Scholars think the iron age is going to last for another 40,000 years. They are in immense darkness. Therefore, you have to explain to them with great tact. Otherwise, the devotees will be shocked. First of all, give the introduction of the two fathers. God speaks: The Gita is the mother and the father of all. The inheritance is received through the Gita; all others are its children. An inheritance cannot be received from children. You children are receiving your inheritance through the Gita. There is also the Father of the mother Gita. The *Bible* etc. is not called the mother. So, first ask them, "What relationship do you have with the Supreme Father, the Supreme Soul?" The Father of all is one. All souls are brothers, children of the one Father. The Father creates the human world tree through Brahma, the Father of People, and so you become brothers and sisters. Therefore, you definitely have to remain pure. The Father, the Purifier, comes and tactfully makes you become pure. You children understand that if you become pure, you become the masters of the world. It is such a great income! Only a foolish person would not become pure and thereby not claim a kingdom for 21 births. You are given shrimat, yet you do not accept the orders given by the Father whom you have been remembering for half the cycle! By not following His orders, you become sinful souls. This is the world of sinful souls, whereas the kingdom of Rama is the world of pure, charitable souls. It is now the kingdom of Ravan, the world of sinful souls. It is now the ascending stage for all you children. You are becoming the masters of the world. You are so incognito sitting here; you simply have to remember the Father. It is not a question of turning the rosary etc. You have to work while staying in remembrance of the Father: "Baba, look, we are doing both physical and subtle service of Your yagya at the same time." Baba has given you the order: Remember Me in this way. People have *nature cures*. When you souls are *cured*, your bodies too will be *cured*. Simply by having remembrance of the Father, you change from impure to pure. Become pure and also continue to serve the yagya. You will experience great happiness by doing *service*. By staying in remembrance of the Father for this long, that is, by donating peace to Bharat, we make ourselves free from disease. By following shrimat you donate peace and happiness to Bharat. There are countless ashrams in the world but there is nothing there. They don't know how it's possible to receive the kingdom of heaven for 21 generations. You are now studying Raja Yoga. Those people also say that *God*, the *Father*, has come, that He is definitely somewhere. Of course, He has to be somewhere! *Bombs* have been invented for destruction. The Father definitely inspires the establishment of *heaven* and also the destruction of *hell*. This is hell, is it not? There is so much battling and fighting etc. People have so much fear. Children are abducted etc. There are so many calamities. You now know that this world is being transformed. The iron age is changing into the golden age. At this time, you are Baba's helpers in establishing heaven. It is Brahmins who become helpers. Brahmins are created through

Brahma, the Father of People. Others are born through sin, whereas you are mouth-born creations. They (worldly brahmins) cannot be the children of Brahma. You are now *adopted*. You Brahmins are the children of Brahma. Brahma, the Father of People, can only exist at the confluence. Brahmins later become deities. You can explain to those brahmin priests that they are born through sin. You say, "Salutations to the Brahmins and to the deities." They salute Brahmins and they also salute deity idols. Only at this time, when the Brahmins exist, can they be saluted. They understand that these Brahmins are worthy; that they follow Baba's shrimat with their bodies, minds and wealth. The others take people on physical pilgrimages. This is your spiritual pilgrimage. Your pilgrimage is so sweet! Those pilgrimages are countless. There are countless gurus. People call everyone their guru. You children know that you are now following sweetest Shiv Baba's shrimat and claiming your inheritance from Him through Brahma. You claim your inheritance from Shiv Baba. When you come here, you are immediately asked, "Whom have you come to?" It is in your intellects that this body has been taken on *loan* by Shiv Baba. We are going to Him. Brahmin priests carry out engagements, but it is the bridegroom and bride who have the *connection* with each other; it is not with the brahmin priest who performed their engagement. Does a wife remember her husband, or does she remember the one who tied her in that bondage? Shiva is your Bridegroom. So, why do you remember bodily beings? Remember Shiva! Baba has had these *lockets* made in order for you to explain. Baba himself becomes the agent to engage you, so you must not remember the agent. Brides have yoga with the Bridegroom. Mama and Baba come and speak a murli through you children. Baba says: There are many children in whose forehead I sit and speak a murli in order to bring benefit. I either come to give visions to someone, to speak a murli or to benefit someone. Teachers don't have that much power. When I know that a teacher isn't going to be able to uplift someone, I come and shoot such an arrow that the soul goes even further ahead than the teacher. The teacher becomes body conscious and thinks that she uplifted the person. There should not be that arrogance; in fact, it is Shiv Baba who does everything. Here, you are told to remember Baba. Your *connection* should be with Shiv Baba. This one is the agent in between; he receives his own reward. This is an old experienced body. It cannot be changed; it is fixed in the *drama*. It isn't that He will come in a different body in the next cycle; no! The one who is *last* has to go first; he is standing at the top of the tree. You are now sitting at the confluence. Baba has entered Brahma, the Father of People. The World Mother is Kamdhenu (the cow that fulfils all desires). There is also Kapil Dev (a rishi). A *couple* means a pair: Bap and Dada, Mother and Father, so they are a *couple*. The inheritance is not claimed from the mother. You receive the inheritance from Shiv Baba, and so you have to remember Him. I have entered this one in order to take you back home with him. Brahma also remembers Shiv Baba. They keep an image of Shiva in front of Shankar as well. All of that is a sign of praise. Shiv Baba comes at this time and makes us His children. You do not worship your Father. The Father comes and makes you children beautiful; He removes you from the *gutter*. Souls make a promise that they will never become impure. The Father says: After taking My lap, don't dirty your face. If you do, you will defame the family. By being defeated you defame the name of the Teacher. If you are defeated by Maya your status is destroyed. No sannyasi etc. teaches these things. Some say that you may indulge in vice once a month. Some say that you may indulge in vice every six months and some are completely like Ajamil (degraded sinners). Brahma Baba adopted many gurus. They never ask people to become pure. They understand that they themselves are not able to stay pure. A *sensible* person would immediately ask the sannyasi: If you aren't able to stay pure, how can you ask us to do this? Yet they still ask to be shown the path to liberation-in-life in a *second* as Janak was. Gurus say: If you remember the brahm element you will be able to return to the land of nirvana. No one really returns there; they don't have the power. The incorporeal world is the residence of all souls. We souls reside there like *stars*. They create a large lingam to worship. How could a point be worshipped? They even say that a wonderful star sparkles in the centre of the forehead. Therefore, the Father of souls must also be like that. The Father doesn't have a body. How can such a *star* be worshipped? The Father is called the Supreme Soul; He is the *Father*. As is each soul, so the Supreme Soul; His size is not larger. He has the *knowledge*. No one else knows about this unlimited tree. The Father alone is the *knowledge-full* One. He is *full* of knowledge and also purity. He is the Bestower of Salvation to all. He gives peace and happiness to all. You children receive such a huge inheritance. It is not received by anyone else. People worship their gurus so much! They don't even worship their emperors as much. That too is blind faith. Look at what they continue to do! There is nothing but defamation in everything! They call Krishna, '*Lord*' as well as *God*. They say, "*God* Krishna is the first *prince of heaven*." They say of Lakshmi and Narayan that they are a *god* and *goddess* as well. Many people buy old images. Old *stamps* are also sold. In fact, Shiv Baba is the most ancient, but no one knows this. All

praise is for Shiv Baba, but you cannot find Him. What is the oldest thing? *Number one* is Shiv Baba. No one understands who their *Father* is or what His name and form are. They say that He is without a name or form. So, whom are they worshipping? There is the name Shiva. There is His land and also the time when He comes. He Himself says: I come at the confluence; the soul speaks through the body. You children now understand how so many tall stories have been written in the scriptures and how they led you to your stage of descent. The golden and silver ages are the stages of ascent, and the copper and iron ages are the stages of descent. It is now once again your stage of ascent. No one except the Father can bring about your stage of ascent. All of these things have to be imbibed. Therefore, stay in remembrance while engaged in any activity. At Shrinath Dware they tie a piece of cloth over their mouths while working. Shri Krishna is called Shrinath. They cook food for Shrinath. Shiv Baba does not eat food etc. When you cook pure food in remembrance of Baba you will receive strength from that. They hold fasts etc. in order to go to the land of Krishna. You now understand that you are going to the land of Krishna. This is why you are being made worthy. If you remember the Father, Baba *guarantees* that you will definitely go to the land of Krishna. You understand you are establishing the kingdom of the land of Krishna for yourselves and you will then rule the kingdom there. Those who follow shrimat will go to the land of Krishna. Krishna's name is more famous than the names of Lakshmi and Narayan. Krishna is a young child and is therefore equal to a mahatma (great soul). The childhood stage is satopradhan; this is why Krishna's name is remembered more. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Have all your *connections* with one Shiv Baba. Don't remember any bodily being. Don't ever defame the name of your Father, the Teacher.
2. If anyone receives benefit through you, don't be arrogant and think that you brought benefit to that soul. That too is body consciousness. Remember the Father, the One who did it through you.

Blessing: May you become unshakeable and immovable and free from any upheaval of “Why?” and “What?” by applying a tilak of three dots at amrit vela.

BapDada always says: Every day at amrit vela, apply a tilak of three dots. You are a dot, the Father is a dot and whatever is happening is *nothing new*, so a *full stop* is also a dot. To apply this tilak of three dots means to keep your awareness constant. You will then remain unshakeable and immovable throughout the whole day and any upheaval of “Why?” or “What?” will finish. Put a *full stop* whenever something happens. *Nothing new*, it had to happen, it is happening... Just see everything as a detached observer and continue to move forward.

Slogan: Use your power of transformation to finish the *force* of any flow of waste thoughts and you will become powerful.

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