Unshakable

If we face our problems and respond to them positively, and refuse to give in to panic, bitterness, or self-pity, these adverse situations that look like they could bury us, have within them the very real potential to make us unshakable.
While it’s important to realize that the treasures mentioned in yesterday’s message are my treasures and they possess immense potential since they help me grow spiritually by their right use, it is also important to maintain a relationship of detachment with them, because we live with these treasures all the time and it is very easy to get caught up with them and become attached to them. Where there is attachment, there develops ego and the treasures start getting misused. An important concept in this regard is that of trusteeship. The Supreme Being while sharing the knowledge of these treasures and the method of using them, also shares, that for our benefit, once we realize what these treasures are, we should surrender these treasures to Him. This is an invisible or non-physical surrender, not a physical or visible one.

Once these treasures are surrendered to Him, unlike worldly surrenders, the treasures don’t remain with Him, because being an Unlimited Donor and being Incorporeal (bodiless), the Supreme doesn’t keep them with Himself and returns them back to us. Anyways, the surrender is deep but is on a mental level and not on a physical one. But, while returning the treasures back, the Supreme Being presents a condition in front of us. He says that since these treasures now no longer belong to us, we need to remove any sense of ownership over them and become a trustee while taking care of and using these treasures only for the purpose instructed by Him, the purpose of bringing the self and others closer to a state of truth (as explained in yesterday’s message). The word trustee comes from the word trust. In this case the Supreme Being says that He wishes and hopes that we keep His trust and don’t breach it at any cost, at any point of time, in taking care of and using His treasures, because don’t forget, although the treasures are with us, there are no longer ours.

(To be continued tomorrow...)
To recognize my own uniqueness is to bring beauty to all I do.

Each one is unique and special and so am I. When I recognize the beauty of who I am, and what I can contribute, I will be able to appreciate myself. This is not ego, but it is talking positively to the self, encouraging and motivating to discover further specialties. When I learn to appreciate myself, I will also have the humility to learn from everything that happens in life. Today I will appreciate myself. I believe I am like a jewel. No matter where I am, whether in a box or in a gold ornament, my worth remains the same. So, today I will recognize my own worth and make time to appreciate it in all I do.

Message for the day

True honesty to the self brings the power to bring about change.

Expression: To be honest is not just to be truthful. It is more to be honest with the self. The one who is honest with the self constantly has the aim of bringing about a change for the better. Each situation is used as a chance for the betterment of the self. So there is always the aim not to repeat the mistakes that are committed once.

Experience: When I am honest with myself I am able to feel the constant progress and experience the happiness of moving forward under all circumstances. I have the power to understand the situation, not just from my point of view, but more in a detached way. So I am able to understand and accept whatever the situation holds for me and learn from it humbly.