

**Essence:** Sweet children, *hear no evil!* Only listen to the one Father. Live like a lotus while living at home.

**Question:** By accurately knowing which play do children never become confused?

**Answer:** Those who accurately know the play of happiness and sorrow, knowledge and devotion, never become confused. You know that God never causes sorrow for anyone. He is the Remover of Sorrow and the Bestower of Happiness. When everyone becomes unhappy, He comes to *liberate* them from sorrow.

**Song:** Who has come here early in the morning?

**Om shanti.** What did you children hear? You heard a song of devotion. Devotion in English is *philosophy*. They receive titles such as *Doctor of Philosophy*. Young and old, all know *philosophy* (devotion). When you ask anyone where God resides, they would say He is omnipresent. That too is *philosophy*. The Father does not tell you anything of the scriptures. None of the devotees can be called the Ocean of Knowledge. Neither do they have knowledge nor are they the children of the Ocean of Knowledge. None of them knows the Father, the Ocean of Knowledge, nor do they consider themselves to be His children. They all perform devotion in order to meet God, but they don't know God and so what benefit do they receive by performing devotion? Many receive this title: *Doctor of Philosophy*. They only have one thing in their intellects and that is that God is omnipresent. They consider that to be *philosophy*. It is through this that they have been falling down. It is called defamation of religion. We cannot debate the scriptures with other people. We have not learnt this from human beings. All other human beings learn from human beings. They study the Vedas and scriptures etc. with human beings. It was human beings who wrote them. It is only the one spiritual Father who gives you

this knowledge. Only once does He come to explain to you. Now we don't have to learn anything from human beings. You must only listen to the *spiritual* Father now. It is spiritual children, souls, who listen to Him. All of those human beings relate things to human beings. This is knowledge from the spiritual Father, whereas that is knowledge from human beings. This Baba is also a corporeal human being. Tell them: The spiritual Father explains through this one. I, the spirit, listen to Him and then I, the spirit, relate it to others through my body. This is spiritual knowledge. All others are physical. On the path of devotion, they worship bodies. The Father says: You mustn't consider yourselves to be human beings or devotees. Consider yourselves to be souls and remember Me, your Father. You souls are brothers. It is remembered that souls remained separated from the Supreme Soul for a long time. We mustn't listen to human beings. If anyone asks you questions, tell him that your knowledge is not from any scripture. We call that *philosophy*; that is, they have the knowledge of the path of devotion. Only the one Father gives you knowledge for salvation. Only the One has been remembered as the Bestower of Salvation for All. You children mustn't *debate* with anyone. The Father says: I am the *Authority* of Knowledge, the Ocean of Knowledge. I do not relate any scriptures etc. to you. This knowledge of Mine is spiritual whereas all other knowledge is knowledge of physical things. Those spiritual gatherings are for the path of devotion. The spiritual Father sits here and explains to you spirits. This is why children feel it is an effort to become soul conscious. We souls are claiming our inheritance from the Father. A father's children would definitely become heirs to their father's seat (position). Lakshmi and Narayan are also bodily beings. Their children receive their inheritance from their physical father. This is a unique thing. In the golden age too, it is a physical thing. There, you wouldn't say that you

receive an inheritance from your spiritual Father. **Body consciousness has to be broken.** **I am a soul and I have to remember the Father.** **This ancient yoga of Bharat is remembered.** The word "yaad" (remembrance) is a Hindi word. Who is giving you this *knowledge* at this time? No human beings know this. For birth after birth, human beings have been conversing with human beings. Now, the spiritual Father is conversing with you spiritual children. The Spirit is speaking and that is why this is called *spiritual knowledge*. They consider the Gita to be *spiritual knowledge* too, but they have mentioned the name of a bodily being, Krishna. The Father says: **No human being can have this *knowledge*.** **When anyone *debates* with you, tell him: Your knowledge is of devotion: it is knowledge from the scriptures written by human beings. Only the one Father, the Ocean of Knowledge, has this true knowledge. He Himself is now giving you *knowledge*. He is called the *Supreme Father*.** That incorporeal One is worshipped. If other incorporeal beings are worshipped, they too are His children. People create saligrams of mud and worship them. They create a sacrificial fire. **You know that the Supreme Father, the Supreme Soul, lives in the incorporeal world. We souls also reside there. That Ocean of Knowledge comes and grants salvation to everyone by speaking knowledge. He is the Supreme Father, the Supreme Soul, who lives far beyond. All souls, *brothers*, receive *parts*. They then adopt bodies and become brothers and sisters. All souls are children of the one Father. When a soul adopts a body in heaven, there is happiness, whereas in hell there is sorrow. Why does this happen? It is explained that there is *knowledge* and *devotion*. That is *the day* and this is *the night*. *Knowledge brings happiness* and *devotion brings sorrow*. This play has been created. It isn't that God gives happiness and sorrow. **Only when they are unhappy do people call out to God.** They understand He is the Bestower of**

Happiness. Then, when their time of happiness comes to an end, sorrow begins because of Ravan, the five vices. This play has to be understood accurately. This is spiritual knowledge. All the rest is knowledge of physical things. We don't want to listen to that. We have received the order: Only listen to Me, the incorporeal Father. The Father says: *Hear no evil!* We listen to God alone, whereas you listen to human beings. There is the difference of day and night. Even great scholars etc. study the scriptures. We have also studied them a great deal. God now says: You have had many gurus. Now let go of all of them and listen to what I tell you. God is incorporeal and His name is Shiva. We now listen to Him. The Father Himself gives us His own introduction and the introduction of the beginning, the middle and the end of His creation. So, why should we listen to the things of the scriptures from you? We relate spiritual *knowledge* to you. Listen to it if you want to. There is no question of becoming confused. The whole world is on one side whereas there are very few of you. The Father now says: Remember Me and the burden of sin on you will be removed and you will become pure. Those who become pure will become the masters of the pure world. The old world now has to change. After the iron age, the golden age has to come. The golden age is the pure world. It is only in the iron age that people call out to Me to come and purify the world. So, I have now come. Constantly remember Me alone! The world is now changing. This is your last birth. The devilish kingdom of this old world is going to be destroyed and the kingdom of Rama is being established. This is why you have to become as pure as a lotus for this last birth while living at home with your family. This is the ocean of poison. A lotus lives on top of water. Therefore, you now have to become as pure as a lotus while living at home with your family. You children know that we are establishing a kingdom. The whole world now has to change. Those

founders of religions simply establish their own religions. At first, they are pure and then they become impure. Only the one Satguru is the Bestower of Salvation. Human beings adopt gurus when they want to receive salvation. The spiritual Father gives this knowledge to you when there is a lot of sin. You receive knowledge, the fruit of devotion, from God. God doesn't teach you to perform devotion. He gives you knowledge. He says: Constantly remember Me alone and your sins will be absolved. There is no other way to become pure. In the new world, all were residents of heaven. Now, in the old world, all are residents of hell and this is why the Father says: I come to uplift everyone. I come and give this spiritual knowledge. The Father gives His own introduction: I am your Father. This is now hell. The new world is called heaven. How can you say that heaven and hell exist here (at the same time)? Those who have a lot of wealth think that they are in heaven. Heaven exists in the new world. How could heaven exist here? This is why we don't listen to human beings. The Father says: If you want to become satopradhan from tamopradhan, then constantly remember Me alone. This knowledge should remain in your intellects throughout the day. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

### Essence for dharna:

1. Only listen to spiritual things from the one Father. Don't debate with anyone about anything.
2. Make effort to become soul conscious. In order to become satopradhan, stay in remembrance of the one Father.

**Blessing:** May you be free from care and worry by making anything difficult easy with the awareness of the Father's hand and His company.

When your hand is in the hand of an elder, your stage becomes free from care and worry. In the same way, while performing every action, always consider BapDada to be with you and that your hand in this alokik life is in His hand. This means your life is in His hands, and so He is responsible. Put all your burdens onto the Father and become light. The way to remove a burden and make anything difficult easy is to have the Father's hand and His company.

**Slogan:** Let there be honesty in your efforts and you will experience *extra* help from BapDada.

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## Invaluable versions of Mateshwariji

- 1) **The basis of life is gyan, yoga and the inculcation of divine virtues.**

You have the faith that you are receiving *knowledge* from the Supreme Father, the Supreme Soul. There are three main points of this *knowledge* to which you have to pay full attention in your efforts. First is yoga - constant remembrance of God with which our sins are destroyed. Second is knowledge: what the beginning, middle and end of Brahmand, the whole world is. Only when we have this *knowledge* can there be a *practical change* in our lives and we can create a good reward for ourselves. Third point is our *qualification* of becoming filled with all virtues, 16 celestial degrees complete. Only then can we become deities. It is essential for us to pay attention to these three *points* while walking and moving around, while eating and drinking. Only in this one birth do

we have the power of knowledge, the power of yoga and the inculcation of divine virtues. All three are connected. We cannot have yoga without knowledge and we cannot imbibe divine virtues without having yoga. Our lives are based on all these three points for only then can we finish our accounts of sin and perform good actions. This is called a Godly life.

## 2) The ancient yoga of Bharat is taught by God.

This Godly yoga of ours is well known in Bharat as ancient yoga. Why is this yoga called the imperishable yoga? Because it is taught by the imperishable Supreme Father, Supreme Soul. Although other human souls teach yoga, for this is why yoga ashrams are opened, they cannot teach this ancient yoga. If there were such yoga, then where is that power? Day by day, Bharat is becoming weaker and this shows that their yoga is not imperishable. Only the One with whom you have yoga can teach you this yoga. We mustn't have yoga with others, so how can they teach us? Only God can carry out this task. Only He can tell us the secret, but others just continue to say that they will teach us yoga. We know that only God can teach us ancient yoga and establish the sun and moon dynasties of the deity kingdom. God comes and teaches us this ancient yoga every cycle. He says: O souls, have constant yoga with Me, God, and your sins will be destroyed. Achcha.

Points : Yellow = Knowledge ; Pink = Yog ; Sky Blue = Inculcate(Dharna) ; Green = Service.