

With your elevated attitude, make intense effort to make your vibrations and the atmosphere powerful. Give blessings and receive blessings.

Today, BapDada, the Ocean of Love and Power, has come to meet His loving, long-lost and now-found, beloved children. All of you children, through the attraction of love, have also come here from far, far away to celebrate a meeting. Whether you are sitting personally in front of Baba, or are sitting in this land or abroad, you are celebrating a loving meeting. BapDada is pleased to see all His loving and totally co-operative companion children. BapDada is seeing that the majority of you children have just the one thought in your hearts: We will now very quickly reveal the Father. The Father says: The enthusiasm of all of you children is very good. However, you will only be able to reveal the Father when you first of all reveal yourselves as complete and perfect, the same as the Father. So, you children ask the Father: "When will You be revealed?" Then the Father asks you children: You speak, when will you reveal yourselves as being equal to the Father? Have you fixed a date for your becoming complete? Those abroad say that a date is usually fixed a year in advance. So, have you had a meeting among yourselves and fixed a date to become equal to the Father?

BapDada sees that, nowadays, there are many meetings in every wing. BapDada heard about the meeting of the double foreigners; He liked it very much. All the news of the meetings always reaches BapDada anyway. So BapDada is asking: For when have you fixed a date for this? Will the drama fix this date or will you fix it? Who will fix it? Of course, you will definitely have to keep the aim. All of you have a very good aim, the best of all, but now, according to the aim you have kept, you also have to develop the

qualifications for that elevated aim. At present, there is a difference between your aim and its qualifications. When the aim and its qualifications become equal, then the aim will become *practical*. When all the children celebrate a meeting at amrit vela and have a thought, they do that very well. BapDada hears the heart-to-heart conversation of every child everywhere. You have very beautiful conversations. You also make very good effort, but in your efforts, you need to bring about intensity in one thing. You are making effort, but there has to be intense effort. There has to be determination for intensity; there has to be this *addition*.

According to the time, BapDada has one desire for all the children. Even though you may be numberwise, and BapDada knows, even though you are numberwise, there constantly has to be intense effort; there is a great need for this. The time is quickly moving towards completion. However, now, you children definitely have to become equal to the Father. This is also fixed. You must simply put intensity into it. Each one of you has to *check* yourself: Am I an intense effort-maker at all times? This is because many *papers* come in your efforts and they will come. However, for an intense effort-maker to *pass* those *papers*, it is fixed as though an intense effortmaker has already *passed* that *paper*. Not that that one has to *pass*, but that he has already *passed*. This is fixed. All of you are doing service with great interest. However, BapDada has told you before too that, according to the present time, you have to do three types of service at the same time, that is, with your thoughts, words and deeds. Use your mind to give an experience. Through your words, give an introduction to the treasure of knowledge. Use your face and activity to give the experience of the *practical* form of a completely yogi life. You have to do all three types of service at the same time, not separately. There is little time and there is still a lot of service to be done even now. BapDada has seen that the easiest way

to do service is to create your *vibrations* with your attitude and to create the atmosphere with your *vibrations*, because your attitude is the most powerful method of all. Just as the *rockets of science* are able to fly very fast, in the same way, your spiritual attitude of good wishes and pure feelings will change your vision and your world. While sitting in one place, you can serve with your attitude. It is possible to forget what you have heard, but you cannot forget the experience you have had of an atmosphere. You have experienced in Madhuban the atmosphere of the land where Father Brahma acted, the land where he had yoga and performed divine activities. The atmosphere that anyone experiences even now cannot be forgotten. The experience of the atmosphere becomes imprinted on your hearts. Of course you have many big *programmes* of serving with words, but each one of you has to create an atmosphere with your spiritual attitude and *vibrations*. However, your attitude will become spiritual and powerful when you do not have any *vibrations* of a wrong attitude in your heart or mind. The attitude of your mind has to constantly be clean. If you have any wasteful attitude towards any soul, or, in terms of knowledge, if you have a *negative* attitude, then *negative* means rubbish. If you have rubbish in your mind, you will not be able to serve with a pure attitude. So, first of all, *check* yourself: Is the attitude of my mind pure and spiritual? Transform a *negative* attitude into a *positive* attitude with your good wishes and pure feelings. When it is *negative*, you feel distressed in your own mind, do you not? You have *waste thoughts*, do you not? So, first of all, *check* yourself: Is there any conflict in my own mind? Of course, it is numberwise. There are good ones, and there are also those who create problems for them. However, just to understand “This one is like that” is good. Consider *wrong* to be *wrong* and *right* to be *right*, but do not keep it in your heart. To understand this is a separate matter. It is good to be *knowledge-full*. Of course, you will say something is *wrong*

when it is *wrong*. Some children say: “Baba, You don’t know what they are like. If You were to see them, You would know.” The Father believes what you say; He already knows before you tell Him what that one is like, but by keeping such things in your heart and in your attitude, you upset yourself. When you have something bad in your heart and mind, then, where there is something bad, where there are *waste thoughts*, how can that one be a world benefactor? What is the *occupation* of all of you? Would any of you say that you are benefactors of only London, of Delhi, of UP? Or, of wherever you are staying? OK, not the land, but of the *centre* that you are staying at? All of you say that your *occupation* is that of a world benefactor. Who are all of you? Are you world benefactors? If you are, then raise your hands! World benefactors! You do not have anything bad in your mind, do you? You may understand it, but that is a different matter. Understand what is *right* and what is *wrong*, but do not keep that in your mind. By having this attitude in your mind, your vision and the world also change.

BapDada had given you some *homework*. What was that? It is the easiest effort which everyone can do - the mothers, the youth, the old ones - all the children can do it. The method for that is just to do one thing. When you come into contact with anyone, then give blessings and receive blessings. Even if that one gives you bad wishes, what *course* do you give? To change the *negative* into *positive*. At that time, give yourself this *course*. What is the *challenge*? Your *challenge* is also to make nature satoguni from tamoguni. This is your *challenge*, is it not? You have all issued the *challenge* that you have to make nature satopradhan. Do you have to make it like that? If so, then nod! Wave your hands! Don’t wave them just by seeing others, but wave them from your heart. Now, according to the time, your intense effort is to create the atmosphere with your attitude. So, if there is even a slight bit

of rubbish in your attitude, how would you create the atmosphere with your attitude? Your vibrations will reach nature; words will not be able to reach there. Your vibrations will reach there. Your vibrations are created with your attitude and the atmosphere is created with your vibrations. In Madhuban, too, not everyone is the same. However, the atmosphere was created with the attitude of Father Brahma and the especially beloved ones and their intense efforts.

Today, Baba is remembering your Dadi. What was the speciality of Dadiji that you saw? How did she control everything? She never kept anyone's defect in her mind, no matter with what attitude the other person came to her. She gave enthusiasm to everyone. Your mother Jagadamba created that atmosphere. While knowing everything, she always kept her attitude pure, and all of you are experiencing the atmosphere created by that. Even though it is 'Follow Father', BapDada always says: Know each one's speciality and make that speciality your own. Note down for every child: someone who has become BapDada's child, each and every child, even though that child may be a third number, the speciality of the drama and the blessing from BapDada is that, out of all the children, if someone has 99 defects, he definitely has one speciality and with that speciality, he has a right to say, "My Baba!" He may be influenced, but he would still have unbroken love for the Father. This is why, now, according to the closeness of the time, whatever places of the Father there are, whether they are in the villages, in the big zones or the centres, it is necessary for every place and every companion to have an atmosphere of elevated attitude. Simply remember one thing: even if someone has bad wishes for you, who is the one who is taking them? Is the one who is giving them and the one who is taking them just one person, or are there two? If someone gives you something bad, what will you do? Will you keep it with yourself? Or, will you

return it, throw it away, or keep it carefully in your cupboard? So, will you keep it hidden in your heart? Your heart is BapDada's throne. Therefore, now remember one thing firmly in your mind, not just in words, but in your mind: "I have to give blessings and receive blessings." Do not keep anything *negative* in your mind. OK, if you heard something with one ear, it is your duty to let it out through the other ear. Or, is it the duty of someone else? Only then will you be able to do the service of creating an atmosphere in the world and among souls with your attitude at a *fast* speed. You want to bring about world transformation, do you not? So, what will you remember? Remember it with your mind. Just remember the word 'blessings'; that is all. Because, what do your non-living images give? They give blessings, do they not? When people go to the temples, what do they ask for? They ask for blessings. It is because they receive blessings that they ask for them. Even in your *last* birth, your non-living images give blessings; with that attitude, they fulfil everyone's desires. So, it is because you have repeatedly become those who give blessings in this way that your non-living images give blessings even today. OK, when a soul is influenced by something, if you, a child of the Ocean of Forgiveness, forgive him a little, that is good, is it not? So, are all of you *master* oceans of forgiveness? Are you? Or not? You are, are you not? Say, "I first". Become "O Arjuna" in this. Create such an atmosphere that whoever comes in front of you will be able to take a little love and co-operation and experience forgiveness, courage, co-operation and zeal and enthusiasm. Is this possible? Is it? Those who are sitting in the first row, is this possible? Raise your hands! First, you will have to do it. You will have to do it. The *teachers* in the first row, will all of you do this? Achcha.

Baba receives children's *e-mails* and letters from many different places. Those who have not written letters, but have

had the thought, then the love and remembrance of all who just had the thought also reached BapDada. They write very sweet letters. They write such letters that you just remain flying in zeal and enthusiasm; nevertheless, it is good. By writing letters, they become bound to do it, because they make that promise. So, from wherever all of you are seeing or listening, to all of you too, BapDada is giving you love and remembrance even before giving them to those who are personally sitting in front of Him. BapDada knows that it is different times in different countries, but nevertheless, everyone is sitting in remembrance and listening with a lot of enthusiasm. Achcha.

Did all of you have the thought of making intense effort and becoming *number one*? Did you? Raise your hands! Now, the teachers are raising their hand. The first row is this anyway. It is good. BapDada also gave the *direction* that, throughout the day, every now and then, whenever you have five minutes, exercise your mind because, nowadays, the world is also keen on *exercise*. So, exercise your mind for five minutes. Bring it from the supreme abode, to the subtle region. Remember your angelic form, then remember your worthy of worship form, then remember your Brahmin form and then your deity form. How many of them are there? Five. So, in five minutes, exercise with these five forms. You can do this throughout the day, while walking and moving around. You don't need any ground or field for this; you don't need to run. You don't need a chair, you don't need a seat, you don't need a machine. Just as physical exercise is necessary for your bodies, and you can do that, you are not forbidden to do that, but also do this drill, this exercise for your minds. This will keep your minds constantly happy, filled with zeal and enthusiasm and give you an experience of the flying stage. So, all of you, begin this drill right now. From the supreme region to being a deity. (BapDada conducted a drill.) Achcha.

To all you intense effort-making children everywhere who create a spiritual and powerful atmosphere with your attitude, to those who always give an experience of powerful vibrations with their place and stage, to the elevated souls who have determined thoughts, to the merciful souls who always give blessings and receive blessings, to the double-light souls who constantly experience themselves to be in the flying stage, BapDada's love, remembrance and namaste.

Blessing: May you increase the power of the gathering with your broad and unlimited intellect and become an embodiment of success.

To increase the power of the gathering is your first elevated task in this Brahmin life. For this, when the majority verifies anything, then for you to be with the majority is to increase the power of the gathering. In this, do not think of your greatness with the thought, "My idea is very good". No matter how good it is, if it breaks the unity of the gathering, then that "good" becomes "ordinary". At that time, even if you have to renounce your idea, there is fortune in that renunciation. It is by doing this that you will become an embodiment of success and form close relationships with others.

Slogan: In order to achieve total success, increase the concentration of your mind.

Avyakt Signal: Experiment on yourself and others with your mind with the powers of yoga.

According to the time now, do service with your mind and words at the same time. However, it is easy to serve with your words, but serving with your mind is a matter of paying attention. Therefore, constantly have thoughts of good wishes

and pure feelings for everyone in your mind. Let there be the newness of sweetness, contentment and easiness in your words and you will easily continue to achieve success in the service you do.

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